



MARCH 2020

## Where to find Help:

The COVID-19 crisis has caused a lot of uncertainty in our daily lives. If you need help locating community resources to help you and your children please reach out to your school. They can get you in touch with a CCSD School Social Worker or School-Based Mental Health Professional to help you .

## Useful Numbers & Websites

In an emergency, dial 911

SafeVoice  
1-833-216-SAFE (7233)  
[Safevoicenv.org](http://Safevoicenv.org)

The Harbor  
702-455-6912  
[theharborlv.com](http://theharborlv.com)

CCSD Police  
702-799-5411  
[ccsd.police.services.website](http://ccsd.police.services.website)

Mobile Crisis Response Team  
701-486-7865  
[knowcrisis.com](http://knowcrisis.com)

National Suicide Prevention Hotline  
1-800-273-8255  
[suicidepreventionlifeline.org/chat/](http://suicidepreventionlifeline.org/chat/)

Crisis Text Line  
Text HELLO to 741741  
[crisistextline.org](http://crisistextline.org)

Legal Aid Center of Southern Nevada  
702-360-1070  
[lacs.n.org](http://lacs.n.org)

HELP of Southern Nevada  
fastest response is to email  
[info@helpsonv.org](mailto:info@helpsonv.org)  
[helpsovn.org](http://helpsovn.org)

Nevada 211  
dial 211  
[nevada211.org](http://nevada211.org)

## CCSD Resources

[COVID-19 Updates](#)

[Food Distribution Sites](#)

[Student Learning Extensions](#)

# COVID-19 Resources

## Clark County Community Resources

[CCSD School Social Worker Community Resources](#) - for COVID-19 Family Support  
[Clark County Nevada Covid-19 Update](#)  
[Southern Nevada Health District](#) - COVID 19 Questions & Answers  
[Hopelink of Southern Nevada](#) - COVID-19 Assistance & Resources Information.  
Offers food assistance, rental & utility assistance  
[Three Square Food](#) bank emergency food distributions both drive-in and walk-in pantries. 0702-765-4030  
[United Way](#) - emergency assistance & community needs - including help if homeless - COVID-19 Resources

## State of Nevada Community Resources

Unemployment Claims 8:00 am to 8:00 pm Monday-Friday [File Unemployment Claim](#)  
Healthcare Insurance - New qualifying period from March 17-April 15, 2020.  
[English Enrollment](#) or [Spanish Enrollment](#)

## Internet Access for K-12

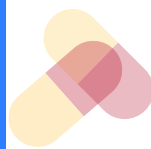
[Charter](#) is offering a FREE 60 days of broadband and WIFI for any NEW k-12 & College student households.

**Spectrum** will allow FREE internet to students while schools are closed.  
Call 1-844-488-8398

[Cox Communication](#) is teaming with Connect2Compete to offer affordable internet to families.

[United Way](#) - interactive map showing available FREE wifi hotspots throughout Clark County.

## Prevention Tips & Identifying Symptoms



### What are the symptoms?

Symptoms can appear between 2-14 days after exposure they can include:

- Fever
- Cough
- Shortness of breath,
- Difficulty breathing

### How does COVID-19 spread?

When respiratory droplets produced when an infectious person coughs or sneezes they touch an object or surface with the virus on it. You then touch that surface and then touch your mouth, nose or eyes. Or It spreads when you have close contact with an infectious person.

